

### WEDNESDAY

<b>Sifu Laoshi Instructor</b>	<b>NAME</b>	<b>AREA</b>	<b>SYLLABUS</b>	<b>ADDRESS</b>	<b>CONTACT NUMBER</b>	<b>TIME</b>
<b>Instructor</b>	<b>Richard Gordon</b>	<b>DAGENHAM</b>	<b>KUNG FU &amp; CHINESE BOXING</b>	<b>Village Community Hall Vicarage Road Church Elm Lane RM10 9SD</b>	<b>07810 560 825</b>	<b>6.30pm- 7.30pm Adults</b>
<b>Sifu Laoshi</b>	<b>ChrisWalters Ray Kirwan</b>	<b>EDMONTON</b>	<b>KUNG FU &amp; CHINESE BOXING</b>	<b>Galliard School Galliard Road</b>	<b>0208 292 3257</b>	<b>7.00pm- 21.00pm Mixed under 16's</b>
<b>Sifu</b>	<b>Frederick McQueen</b>	<b>ENFIELD</b>	<b>CHINESE BOXING</b>	<b>Southbury Road Leisure Centre Southbury Road EN1</b>	<b>07887 520 749</b>	<b>7.00pm- 8.00pm Mixed</b>
<b>Instructor</b>	<b>Leon Brown</b>	<b>HERTFORD</b>	<b>KUNG FU</b>	<b>Simon Balle School Mangrove Road SG13 8AJ</b>	<b>07731 744 033</b>	<b>5.30pm- 7.00pm Private Mixed</b>
<b>Sifu</b>	<b>Derek Brown</b>	<b>SOUTHGATE</b>	<b>KUNG FU + CHINESE BOXING + TAIJI QUAN</b>	<b>Ashmole School Cecil Road N14 5RJ</b>	<b>0795 854 3393</b>	<b>7.00pm- 8.00pm Mixed</b>