

SUNDAY

Sifu Laoshi Instructor	NAME	AREA	SYLLABUS	ADDRESS	CONTACT NUMBER	TIME
Laoshi	Jason Solomon	BARNET	KUNG FU & CHINESE BOXING	LA Fitness 18 East Barnet Rd New Barnet Hertfordshire EN4 8RN	07900 926 063	12.00AM – 1.30pm Mixed
Sifu	Frederick McQueen	ENFIELD	KUNG FU & CHINESE BOXING	Island Village Fitness Centre Island Centre Way EN3 6GS	07887 520 749	10.00am – 11.30am Mixed