



ALEXANDER HUGHES

Current grade:	5 TH (Green Sash)
Age:	12years old
Started training:	2004
Years of training:	5 years
Instructor (s):	Anthony Roberts (Sifu)
Club:	Walthamstow
Likes with regard to training:	Compulsory, fitness training and kicks
Dislikes with regard to training:	None
Awards/Achievements:	Yellow sash 2007, blue sash 2008 and 2 nd place in 100 meters School competition 2008